

# Low Ropes Instructor (Level 2)

## Volunteer Position Description

### When you see the whole, your part makes sense.

A Low Ropes Instructor teaches volunteers how to lead fun, safe, and challenging activities using ropes, cables, and wooden beams close to the ground. These courses help Girl Scouts build confidence, solve problems, and learn to work together. You'll guide adult volunteers on how to use the low ropes and teach girls to use the low ropes course at our camp properties.

### Alone we can do so little; together we can do so much!

As an Low Ropes Instructor for Adults (Level II), You'll get help from the Volunteer Leadership Development Coordinator, the Volunteer Support & Services Department, and trained outdoor volunteers like the GSNEO OWLs. You can also reach out to GSNEO staff from the Girl Experience and Customer Care teams.

### Know your role. Rock your role.

Here are some of the awesome things you'll do as a Low Ropes Instructor:

- Teach volunteers how to guide girls on the Low Ropes course
- Follow the Low Ropes Facilitator Manual and course plan
- Check the equipment and area for safety before and after each session, and write down what you see
- Help everyone feel welcome and supported—girls, families, and volunteers
- Fill out and turn in all needed paperwork after each class or event
- Always be a kind, helpful role model who follows Girl Scout values
- Follow all safety rules and treat everyone with fairness and respect

### Grow your skills, grow your future.

Being a Low Ropes Instructor helps you grow, too! You'll build skills like:

- |                                |                                   |  |
|--------------------------------|-----------------------------------|--|
| • Planning fun and safe events | • Solving problems                | • Working with families & kids             |
| • Staying organized            | • Encouraging group confidence    | • Being flexible and thinking on your feet |
| • Speaking in front of others  | • Organizing and leading meetings |  |
| • Managing time                |                                   |  |
| • Leading a group              |                                   |  |

### Great work starts with clear expectations.

- **Follow the Rules:** Comply with GSUSA Policies, Standards and Guidelines, Volunteer Essentials, Safety Activity Checkpoints, GSNEO Bylaws, and GSNEO Volunteer Policies.
- **Membership & Safety:** Be a current GSUSA member and pass the volunteer screening process, to help keep girls and volunteers safe.
- **Communication:** Volunteers in this role need to be able to send and receive messages through email, text, or social media and agree to receive emails and texts from GSNEO and GSUSA.
- **Renewal:** This role is reviewed every year and can be renewed if both the volunteer and council staff agree.
- **Time Expectations:** Occasional commitment: Teach 6 hour in person classes to prospective Low Ropes Program Facilitators at least twice a year. Lead at least 2 Low Ropes programs for girls annually at GSNEO Properties.
- **Training:** Current First Aid/CPR/AED Certification and Low Ropes program training. Must have 3 years of experience in Low Ropes or Outdoor Education. Must shadow Low Ropes Instructors until approved to lead classes
- By taking this volunteer position with Girl Scouts of North East Ohio, I promise to follow the Girl Scout Promise and Law. I will keep all Girl Scouts information about members, volunteers, and staff private and respectful.